

Further Information for Parents

What will my child be taught about puberty and human reproduction?

Jigsaw's 'Changing Me' unit is taught over a period of 6 weeks, usually in the second half of the summer term. Each year group will be taught appropriate to their age and developmental stage, building on the previous years' learning. Please note: at no point will a child be taught something that is inappropriate, and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents or carers at home. The question will not be answered to the child of class if it is outside the remit of that year group's programme.

Teaching will also include use of 'Love and Sex Matters' materials (Published by the Church of England, Salisbury Diocese) and Growing up talks from the school nursing team.

It will include:

Reception

Growing up: how we have changed since we were babies.

Key Stage 1

Boys' and girls' bodies; correct names for body parts; respecting privacy.

Lower Key Stage 2

How babies grow, including development in the womb; how boys' and girls' bodies change as they grow older; internal and external reproductive body parts; introduction to puberty and menstruation; conception explained in simple terms.

Upper Key Stage 2

Year 5

Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. Periods (menstruation) and products to use, wet dreams and erections and how to manage both, hygiene and keeping healthy. Conception explained in simple biological terms. Correct names of female and male reproductive organs.

Year 6

Puberty for boys and girls revisited. Understanding conception to the birth of a baby. Becoming a teenager. Sexual relationships, reproduction, birth and babies. The meaning of sex and why it is best kept for marriage or long-term relationships.

All lessons are taught using correct terminology, child-friendly language and diagrams.

